Background information for consideration of campus smoking policy

Business Affairs Standing Committee Compiled by Margaret Stephens December, 2008

<u>Making Your Workplace Smokefree: A Decision Maker's Guide</u> (includes consideration of other smoking policy options) http://www.cdc.gov/tobacco/secondhand_smoke/00_pdfs/fullguide.pdf

A study of the effectiveness of a smoke-free campus policy: http://www.consumerinterests.org/files/public/73.ChoDevaney.pdf

Forming an advisory committee to develop and implement a smoke-free workplacewww.preventionminnesota.com/objects/Resources_for_Employers/TWF2/04TFW6&7_Advisory%20committee.doc

Why Be Tobacco-free? American Lung Association in Oregon

http://www.lungoregon.org/tobacco/college_why_tobacco_free.html The American Association of Community Colleges Policy Statement on Health and Wellness states: "Community colleges recognize the importance of health in learning, retention, productivity, and well-being of students, faculty, and staff alike... [and] should create an environment that supports health."

Outdoor Tobacco Smoke Study - This study is the first published in-depth investigation of air pollution levels arising from outdoor smoking activity. ("Real-Time Measurement of Outdoor Tobacco Smoke Particles", published in the May 2007 issue of the <u>Journal of the Air and Waste Management Association</u>). The main finding is that levels of outdoor air pollution exposure can be substantial near an active smoker.

The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General (2006)

Colleges & Universities with 100% Tobacco-free Campus Policies (updated October, 2008) http://www.lungoregon.org/tobacco/pdf_word_doc/Tobacco-Free_Colleges_and_Universities_100.pdf

Secrets of Success in Implementing Tobacco-Free Campus PolicySource: http://www.otc.edu/about/documents/Ty_Patterson_presentation.pdf

- I.Know why you are adopting a Tobacco-Free or Smoke-Free policy.
- 2. Take time to educate employees and staff.
- 3. Promulgate the policy from top-down.
- 4. Create a campus-wide conversation.
- 5. Take enforcement out of play by emphasizing the importance of compliance with policy.

- 6.Connect the policy with institutional efforts to create a culture of mutual respect, wellness, sustainability, greening etc.
- 7.Do not treat smokers or tobacco users as the enemy. Do not vilify the opponents.
- 8. Always listen to those who disagree.
- 9. Create a Community Advisory Committee.
- 10. Process is everything in policy change!