

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
9:00am	DAILY CHECK-IN Eat Some breakfast. Drink some water, stretch. Set up your quiet workstation for the day. Write out your Goals for the day. Do any independent work you want to before class gets started			
10:00am	9th Grade Math Live on Zoom	9th Grade English Live on Zoom	9th Grade Science Live on Zoom	9th Grade Foreign Language Live on Zoom
10:30am – 12:55pm	INDEPENDENT STUDY AND APPOINTMENTS WITH UB INSTRUCTORS/TCS/Admin			
	Science Independent Learning	Foreign Language Independent Learning	Math Independent Learning	English Independent Learning
	English Independent Assignment (turned in)	Science Independent Assignment (turned in)	Foreign Language Independent Assignment (turned in)	Math Independent Assignment (turned in)
	Foreign Language Office Hours on Zoom (appointments only)	Math Office Hours on Zoom (appointments only)	English Office Hours on Zoom (appointments only)	Science Office Hours on Zoom (appointments only)
	Lunch	Lunch	Lunch	Lunch
1:00pm	Aerobics Live on Zoom or Independent work	Independent Self Reflection Time: Journal/Meditate/Art/Music	Yoga Live on Zoom or independent work	Together Thursdays <ul style="list-style-type: none"> • Virtual College Tours • Virtual Cultural Experiences • Student Activity Board • Games • Q and A's • Community Building
2:00pm	Meeting Mondays Upward Bound Internship Group Work/ Meetings/Independent Work	Team Building Tuesdays Activities with TCS and Teams	We Grow Wednesday Upward Bound Internships Teach and Learns (attend or present depending on your job)	
3:30pm	END OF THE DAY ANNOUNCEMENTS			

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
9:00am	DAILY CHECK-IN Eat Some breakfast. Drink some water, stretch. Set up your quiet workstation for the day. Write out your Goals for the day. Do any independent work you want to before class gets started			
10:00am-10:25am	INDEPENDENT STUDY AND APPOINTMENTS WITH UB INSTRUCTORS/TCs/Admin			
	Science Independent Learning	Foreign Language Independent Learning	Math Independent Learning	English Independent Learning
	English Independent Assignment (turned in)	Science Independent Assignment (turned in)	Foreign Language Independent Assignment (turned in)	Math Independent Assignment (turned in)
	Foreign Language Office Hours on Zoom (appointments only)	Math Office Hours on Zoom (appointments only)	English Office Hours on Zoom (appointments only)	Science Office Hours on Zoom (appointments only)
10:30am	10th Grade Math Live on Zoom	10th Grade English Live on Zoom	10th Grade Science Live on Zoom	10th Grade Foreign Language Live on Zoom
11:00-12:55pm	INDEPENDENT STUDY AND APPOINTMENTS WITH UB INSTRUCTORS/TCs/Admin			
	Science Independent Learning	Foreign Language Independent Learning	Math Independent Learning	English Independent Learning
	English Independent Assignment (turned in)	Science Independent Assignment (turned in)	Foreign Language Independent Assignment (turned in)	Math Independent Assignment (turned in)
	Foreign Language Office Hours on Zoom (appointments only)	Math Office Hours on Zoom (appointments only)	English Office Hours on Zoom (appointments only)	Science Office Hours on Zoom (appointments only)
	Lunch	Lunch	Lunch	Lunch
1:00pm	Aerobics Live on Zoom or Independent work	Independent Self Reflection Time: Journal/Meditate/Art/Music	Yoga Live on Zoom or independent work	Together Thursdays <ul style="list-style-type: none"> Virtual College Tours Virtual Cultural Experiences Student Activity Board Games Q and A's Community Building
2:00pm	Meeting Mondays Upward Bound Internship Group Work/ Meetings/Independent Work	Team Building Tuesdays Activities with TCS and Teams	We Grow Wednesdays Upward Bound Internships Teach and Learns (attend or present depending on your job)	
3:30pm	END OF THE DAY ANNOUNCEMENTS			

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
9:00am	DAILY CHECK-IN Eat Some breakfast. Drink some water, stretch. Set up your quiet workstation for the day. Write out your Goals for the day. Do any independent work you want to before class gets started			
10:00am-10:55am	INDEPENDENT STUDY AND APPOINTMENTS WITH UB INSTRUCTORS/TCs/Admin			
11:00am	10 th Grade Math Live on Zoom	10 th Grade English Live on Zoom	10 th Grade Science Live on Zoom	10 th Grade Foreign Language Live on Zoom
11:30am-12:55pm	INDEPENDENT STUDY AND APPOINTMENTS WITH UB INSTRUCTORS/TCs/Admin			
1:00pm	Aerobics Live on Zoom or Independent work	Independent Self Reflection Time: Journal/Meditate/Art/Music	Yoga Live on Zoom or independent work	Together Thursdays <ul style="list-style-type: none"> Virtual College Tours Virtual Cultural Experiences Student Activity Board Games Q and A's Community Building
2:00pm	Meeting Mondays Upward Bound Internship Group Work/ Meetings/Independent Work	Team Building Tuesdays Activities with TCS and Teams	We Grow Wednesdays Upward Bound Internships Teach and Learns (attend or present depending on your job)	
3:30pm	END OF THE DAY ANNOUNCEMENTS			

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
9:00am	DAILY CHECK-IN Eat Some breakfast. Drink some water, stretch. Set up your quiet workstation for the day. Write out your Goals for the day. Do any independent work you want to before class gets started			
10:00am–11:30am	INDEPENDENT STUDY AND APPOINTMENTS WITH UB INSTRUCTORS/TCs/Admin			
	Science Independent Learning	Foreign Language Independent Learning	Math Independent Learning	English Independent Learning
	English Independent Assignment (turned in)	Science Independent Assignment (turned in)	Foreign Language Independent Assignment (turned in)	Math Independent Assignment (turned in)
	Foreign Language Office Hours on Zoom (appointments only)	Math Office Hours on Zoom (appointments only)	English Office Hours on Zoom (appointments only)	Science Office Hours on Zoom (appointments only)
11:30am	12 th Grade Math Live on Zoom	12 th Grade English Live on Zoom	12 th Grade Science Live on Zoom	12 th Grade Foreign Language Live on Zoom
12:00–12:55pm	INDEPENDENT STUDY AND APPOINTMENTS WITH UB INSTRUCTORS/TCs/Admin			
	Science Independent Learning	Foreign Language Independent Learning	Math Independent Learning	English Independent Learning
	English Independent Assignment (turned in)	Science Independent Assignment (turned in)	Foreign Language Independent Assignment (turned in)	Math Independent Assignment (turned in)
	Foreign Language Office Hours Zoom (appointments only)	Math Office Hours on Zoom (appointments only)	English Office Hours on Zoom (appointments only)	Science Office Hours on Zoom (appointments only)
	Lunch	Lunch	Lunch	Lunch
1:00	Senior Seminar Work and Office Hour	Senior Seminar Work and Office Hour	Senior Seminar Work and Office Hour	Together Thursdays <ul style="list-style-type: none"> Virtual College Tours Virtual Cultural Experiences Student Activity Board Games Q and A's Community Building
2:00pm	Meeting Mondays Upward Bound Internship Group Work/ Meetings/Independent Work	Team Building Tuesdays Activities with TCS and Teams	We Grow Wednesdays Upward Bound Internships Teach and Learns (attend or present depending on your job)	
3:30pm	END OF THE DAY ANNOUNCEMENTS			

