

Example 1

Course: SOC 101 012 44159 (Fall 2022)
 Introduction to Psychology – 3 lecture hrs. and 0 lab hrs. = 3 contact hrs.
 Semester begin date: 9/6/22
 Semester end date: 12/17/22
 Meeting days: MW
 Begin time: 1:00 pm
 End time: 2:30 pm
 Exclusion dates: 12/7/22 (Professional Development Day/Study Day), and 12/12 – 12/17/2 (Final Exam Week)*

M	T	W	R	F	S
		9/7/2022			
9/12/2022		9/14/2022			
9/19/2022		9/21/2022			
9/26/2022		9/28/2022			
10/3/2022		10/5/2022			
10/10/2022 2		10/12/2022 2			
10/17/2022 2		10/19/2022 2			
10/24/2022 2		10/26/2022 2			
10/31/2022 2		11/2/2022			
11/7/2022		11/9/2022			
11/14/2022 2		11/16/2022 2			
11/21/2022 2		11/23/2022 2			
11/28/2022 2		11/30/2022 2			
12/5/2022					
13		13			

750 minutes/contact hour x 3 contact hours = 2,250 minutes ÷ 26 meeting days = 86.54 minutes/day
 End time – Start time = 90 minutes/day
 Therefore, this class meets and exceeds the minimum number of instructional minutes based on its contact hours.

Example 2

Course: BHHS 102 001 44779 (Fall 2022)
 Social Determinants – 3 lecture hrs. and 0 lab hrs. = 3 contact hrs.
 Semester begin date: 9/6/22
 Semester end date: 12/17/22
 Meeting days: M
 Begin time: 1:00 pm
 End time: 4:05 pm
 Exclusion dates: 12/12 – 12/17/22 (Final Exam Week)*

	M	T	W	R	F	S
9/12/2022						
9/19/2022						
9/26/2022						
10/3/2022						
10/10/2022						
2						
10/17/2022						
2						
10/24/2022						
2						
10/31/2022						
2						
11/7/2022						
11/14/2022						
2						
11/21/2022						
2						
11/28/2022						
2						
12/5/2022						

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750 minutes/contact hour x 3 contact hours = 2,250 minutes ÷ 13 meeting days = 173.08 minutes/day
 End time – Start time = 185 minutes/day (175 minutes + a 10 minute break)
 Therefore, this class meets and exceeds the minimum number of instructional minutes based on its contact hours.

* The College maintains the official Academic Calendar in the [online College Catalog](#).