



Academic Exploration



Where Passion and Interest meet Reality

Career Exploration : What you want to do....

Academic Exploration: What it will take **academically** to get there...

Helpful Web Resources

[What Can I Do With This Major?](#)

Mynextmove.org

[Career Coach - Assessment \(emsicc.com\)](#)

FOCUS2 (Contact Counseling Dept.)

ACADEMIC EXPLORATION

- Can be viewed as a **“Pre-requisite”** to Career Exploration
- Involves **Intentional Curriculum planning/course selection** to meet professional goals
- Assesses student’s **short term and long term commitment to courses and curriculum**
- Acknowledges **academic strengths and challenges**

Academic vs Career Exploration

Academic Exploration

- Identify **academic options** within a major
- Provide **options/alternatives** regarding **academic programs**
- Set **academic goals** for success

Career Exploration

- Identify **career options** within a major
- Provides **options/alternatives** regarding **career paths**
- Set **career goals** for success

Academic vs Career Exploration

Academic Exploration

- Review of **course requirements** and **pre-requisites**
- Commitment to **Curriculum**
- Acknowledges **Academic Strengths** and challenges
- Assessment of **academic aptitude** needed to be successful in major
- How **test scores/previous course grades** can impact major selection

Career Exploration

- Review of **career requirements/preparation**
- Commitment to **Job Tasks**
- Acknowledges personal strengths and **work values**
- Assessment of **personality traits** needed to be successful in job/career
- How **personality traits/preferences** can impact job/career choice

KEY WORDS

Career Exploration

Keywords

*Personality assessment,
work skills, work values,
career options, career path,
skill set*

Academic Exploration

Keywords

*Academic Assessment, Aptitude,
Curriculum, major/minor options,
pre-requisites, course sequencing,
degree audit*